

The Leitner System

28 Day & 64 Day Calendar & Tracking Documents

Start Date: _____

64 Day Calendar

✓ Each Day

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24
25	26	27	28	29	30	31	32
33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48
46	50	51	52	53	54	55	56
57	58	59	60	61	62	63	64

64 Day Calendar With Box Numbers

1	1+2	1	1+2+3	1	1+2	1	1+2+3+4
1	1+2	1	1+2+3	1	1+2	1	1 - 5
1	1+2	1	1+2+3	1	1+2	1	1+2+3+4
1	1+2	1	1+2+3	1	1+2	1	1 - 6
1	1+2	1	1+2+3	1	1+2	1	1+2+3+4
1	1+2	1	1+2+3	1	1+2	1	1 - 5
1	1+2	1	1+2+3	1	1+2	1	1+2+3+4
1	1+2	1	1+2+3	1	1+2	1	1 - 7

7 Box Schedule

Schedule Colour	Task	Repetition Frequency
	Study box 1 only	Daily
	Study boxes 1 & 2	Every 2nd day
	Study boxes 1, 2, & 3	Every 4 days
	Study boxes 1, 2, 3, & 4	Every 8 days
	Study boxes 1, 2, 3, 4, & 5	Every 16 days
	Study boxes 1, 2, 3, 4, 5, & 6	Every 32 days
	Study boxes 1, 2, 3, 4, 5, 6, & 7	On the 64th day

Start Date: _____

28 Day Calendar

✓ Each Day

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

28 Day Calendar With Box Numbers

1	1+2	1	1+2	1	1+2	1+2+3
1	1+2	1	1+2	1	1+2	1+2+3+4
1	1+2	1	1+2	1	1+2	1+2+3
1	1+2	1	1+2	1	1+2	1 - 5

5 Box Schedule

Schedule Colour	Task	Repetition Frequency
	Study box 1 only	Daily
	Study boxes 1 & 2	Every 2nd day
	Study boxes 1, 2, & 3	Every 7 days
	Study boxes 1, 2, 3, & 4	Every 14 days
	Study boxes 1, 2, 3, 4, & 5	Every 28 days